# Line Dancing with Diana Dawson

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I AM THE TRAIN

Improver, 4 wall line dance (34 counts + 2 easy tags)

Choreographer: Diana Dawson (Scotland)

Music: I Am The Train by George Inglis (103 bpm , 16 count intro from beginning)

CD Single available from Amazon & iTunes

### Right Heel, Toe, Step, Scuff, Brush Back, Scuff forward, Shuffle forward

* 1. Touch Right Heel forward. Touch Right Toes back
  2. Step forward on Right. Scuff left forward
  3. Brush Left back in front of Right shin. Scuff Left forward

7&8 Left Shuffle forward stepping Left, Right, Left.

### Forward Rock, Shuffle back x2, Back Rock

* 1. Rock forward on Right. Recover onto Left

3&4 Right Shuffle back stepping Right, Left, Right.

5&6 Left Shuffle back stepping Left, Right, Left.

* 1. Rock back on right. Recover onto Left

(Option: Steps 3&4 and 5&6 – two turning shuffles, half turn right each)

### Right Kick Ball Change , Right Side Rock, Cross Shuffle, Left Side rock

1&2 Kick Right foot forward. Step Right beside left. Step onto Left foot

* 1. Rock out to Right side. Recover onto Left

5&6 Cross Right over Left. Step Left to Left side, Cross Right over Left

* 1. Rock out to left side. Recover onto Right

### Left behind & cross, Monterey Quarter turn, Jazzbox

1&2 Step Left behind right. Step Right to Right side. Cross Left over Right

* 1. Point Right to Right side. Quarter turn Right stepping Right beside Left [3:00]
  2. Point Left to Left side. Step Left beside Right
  3. Cross Right over Left. Step back on Left
  4. Step Right to Right Side. Step Left beside Right

Start Again

TAG: at the end of Wall 1 (facing 3 o’clock) and Wall 3 (facing 9 o’clock)

### Rocking chair

* 1. Rock forward on Right. Recover onto Left
  2. Rock back on Right. Recover onto Left

Choreographer’s Note:

This dance was written to celebrate the return of the Borders Railway - the longest new domestic railway to be constructed in Britain for over 100 years. After almost 50 years without a train service in this part of the world, trains finally returned in September 2015

The dance was choreographed to I AM THE TRAIN, an original song by George Inglis.

Music and story video is on VIMEO <https://vimeo.com/138161184>